

THE CALLOUT

The Newsletter of Contra Costa Search and Rescue



September 2010

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Cover Photo: CoCo SAR Team member Mark Trevor enjoys the simple pleasure of a grand view from a lofty vantage point part way up Mount Julius Caesar during a recent MRG high altitude training exercise.

Photo by Christine Reynolds

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CAPTAIN'S NOTE

Changing of the Guard

By Rick Kovar



As many of you know, if you have been around the SAR Team for more than a few years, we must be adaptable. Adaptability is a trait that makes rescuers able to navigate stressful and often dangerous situations. One of the things we love about our membership is a “can do” attitude. It is exactly that attitude that engenders adaptability and allows us to continue performing our mission.

One area where we need to roll with the punches is in the turnover of Sheriff's Office personnel. As a SAR Team and part of a larger unit in the Emergency Services Support Unit (ESSU), we will be experiencing some significant changes this month. For those who haven't heard, we are losing Lt. Bani Kollo to transfer. Bani has been assigned as the new Chief of Police for the Oakley Police Department, a contract city with the Office of the Sheriff. This is a huge change and a unique career opportunity for him.

Lt. Kollo came to ESSU about three years ago, and had no idea what he was getting into when he came. Since then he has learned a great deal about all aspects of the Volunteer Services Unit. He has been very hands-on, and initiated several large projects that will ensure continuity and successful operations for many years to come.



This change is bittersweet for Bani. While great for him and his family, he is also sorry to go. In his words, he feels he has another year of work in ESSU to accomplish all the goals he established when he started. However, Bani has built a foundation that will ensure the success of ESSU in the next manager's hands, and he is committed to working with the new manager to ensure a smooth transition.

On a separate but related note, those who have known Sgt. Daryl England, have known someone who is a tireless cheerleader for all of the volunteers in ESSU. He is irreverent, often times goofy, but always serious when it comes to the value he places on everyone who volunteers.



As many of you know, Daryl has been threatening to retire ever since he arrived. His retirement countdown clock has been reset several times since he has been here. The moment of truth has come, and Daryl has now submitted his retirement paperwork with the County. This time he must be serious.

Daryl has been with the Office of the Sheriff for over 27 years, and has held a variety of positions in Patrol, Investigations, and the Coroner's Office. Since coming to ESSU he has been a very active Sergeant. He has come to know the different programs, and built up a trust and camaraderie not often seen with Volunteer Services Coordinators.

While Daryl is leaving a full time position, he has every intention of becoming an active Reserve Deputy and Search and Rescue Team member. So, while we are losing him as a coordinator, we will continue to see him as much as we used to. There is no greater compliment to what we do then to have a full time Peace Officer continue their relationship with volunteer services as one of those volunteers.

At this time there is no word on a replacement for either Bani or Daryl. You will probably hear many names through the grapevine as the search is carried out. Standby to standby. When the new people are announced and begin working with us, expect to continue to practice patience and adaptability as they get involved.

Wish both Daryl and Bani luck in their future endeavors, and thank them for what they have done during their time with us.

SAR NEWS

Mission Summary

Tuesday, August 24th: Evidence Search in Orinda

Nine volunteers assisted with the search for the body of a young girl missing since the 1970s. The search involved digging in an area where two dogs specializing in Human Remains Detection had separately alerted. Conditions were harsh, with temperatures over a hundred degrees, tree roots, and compacted clay soil at the dig site. No evidence pertaining to the case was located.

Wednesday, September 1st: Missing Man in Hercules, Part 1

As part of an open criminal investigation, the SAR Team was requested to assist looking for a missing 35 year old man in Hercules. Forty searchers responded, focusing on areas surrounding two abandoned vehicles thought to be associated with the case.

Sunday, September 4th: Missing Man in Hercules, Part 2

At 0800 hours, more than 30 searchers again assisted looking for the missing man in Hercules, now presumed deceased. The area around San Pablo Reservoir was targeted. Several items of interest were uncovered, but later determined not to be related to the case. On Thursday, 9/9, a body was discovered at the house where the subject's father had already been found deceased. Positive identification is still pending.

Sunday, September 4th: Missing Woman in Concord

In the early afternoon, a 20 year old wheelchair-bound homeless woman called 911 from Concord, reporting she had fallen out of her chair and needed medical assistance. The phone line was cut off and emergency services personnel were unable to re-establish the connection. At approximately 1530 hours, the SAR Team was mobilized to help with the search, focusing on areas she was known to frequent, as well as triangulated pings from her cell phone. At approximately 2000 hours, CoCo SAR's participation was called off when new information came to light suggesting there was no emergency. Law enforcement located the woman the next morning; she claimed she did not need help and refused all assistance.



Photo by Mark Wilfer

In Orinda, a line of buckets waits for material to be sifted.

CoCo SAR Now on Facebook

The Command Staff has been working behind the scenes for quite some time to get a presence for CoCo SAR on Facebook. The page is now live! (Twitter may not be far off.) Visit [Contra Costa Search and Rescue Team](#) for recent updates on searches, photos of team events, and more. While there, be sure to click on the thumb's-up 'I Like' icon at the top of the page, and come back often for regular updates.

Dine About Town Success

The first event for the new fundraising program **SAR Dine About Town** was held on Thursday, September 2nd at Rocco's Ristorante Pizzeria in Walnut Creek, and proved to be enough of a success that the program will continue. The next event will be held at Skipolini's in Concord on October 27th. Watch for details in the next issue of *The Callout*.

UPDATES

Canine Resource

Cindee Valentin has been very busy the last few weeks on a number of searches with Jackee (Human Remains Detection) and Tatum (firearms).

Jennifer Wright and Shannon passed their certification test with CARDA on August 28th and are now eligible to attend search callouts through CARDA. They have been certified with CoCo SAR since February.

Our Area Search trainings were successful again in August thanks to the participation of the many team members who volunteered to hide for the dogs.

Trainings will continue to be held on Wednesdays and Sundays in September. At this point there are very few volunteers signed up to hide in September, and it would be greatly appreciated if team members looked over their schedules to see if they can find time to help. You may bring friends and family. Please note the new contact for signing up to volunteer with the Canine Resource is Carol O'Neil.



Photo by Mark Wilfer

Except for PR work, Judy and Neva have retired from active service with the Canine Resource.

Equestrian Resource

The Equestrian Resource will not hold its usual meeting in September, because several members will be out of town. Anyone interested in learning more about the Equestrian Resource is encouraged to contact Gerald Fay.

Explorer Resource

With school back in session and the next Type III Academy starting this month, the Explorer Resource does not have a training scheduled for September. However, we are excited about having nine Explorers enrolled in this Academy! That is the second largest group ever—since 12 participated in the 2005 Academy.

Medical Group

SAR team members have been actively supporting our medical details—most recently the Danville Hot Summer Nights car show. Thank you very much! Coming up very soon will be the El Sobrante Stroll, a half-mile long block party in west Contra Costa. This is a great opportunity to review and perhaps practice your medical, radio, and navigation skills. We need eight to ten SAR members for this September 19th event. Please go to the SAR web site to sign up for this unique opportunity.

On October 3rd, just two weeks after the Stroll, will be the Mount Diablo Challenge, a 10.8-mile bicycle race up Mount Diablo. SAR needs 24 to 30 team members to provide medical support for this large and potentially hazardous event. (One thousand bicycles riding down the mountain has led to a number of injuries in the past.) Please consider helping with this exciting event; sign-up now on the Team web site! Your Medical Group appreciates the continued support of generous and competent SAR members to staff these community events.

Metal Detector Resource

The Metal Detector Resource training in August focused on becoming familiar with the metal detector and its different functions. Specifically, the Resource practiced locating brass and carbon steel material. The metal detector emits a different tone for brass than for carbon steel or aluminum. Resource members learned how to set the metal detector properly, then did fieldwork to locate one type of metal while disregarding others.

The September training will be on 9/27, the last Monday of the month as usual. Anyone who would like to attend, but is not on the email list, should reach out to Gerald Fay for time and location.

This month a small group of Resource members will

also attend an Alameda County SAR meeting to train them on the effective use of metal detectors in the field.

Mountain Rescue Group

Five MRG members will teach two classes at SAREX on 9/11 and 9/12. Alex Kalkanis and Claudia Langley will teach Main and Belay Setup. Mitch Allan, Jeremiah Dees, and John Venturino will teach Rescue and Medic Operations.

Joe Keyser has agreed to fill the MRG Logistics Corporal position previously staffed by Derek Hirsch. Derek did a fantastic job and is now enrolling in Paramedic Training. Thanks, Derek—and thanks, Joe, for stepping up to fill this important post. Joe will ensure MRG gear is organized and maintained in mission-ready condition.

High Altitude Training just completed over Labor Day weekend. See the article on Page 9 for more details.



Photo by Mark Trevor

Christine Reynolds practices GPS and map reading skills.

Rigging for Rescue is scheduled for September 17–19 and 23–26. Ten team members will learn technical rope rescue skills in an intensive, professional-level, 7-day seminar. Thanks to all the participants for their dedication and willingness to train to a high skill level.

The Wilderness First Responder (WFR) Class has been postponed until scope of practice protocols receive review and approval from the County.

Tracking Resource

One training was held in August: On August 25th Dennis Lane challenged the Tracking Resource with ‘The Case of the Missing Twelve Year Old Girl’. His scenario was

the possible abduction of a young girl, with a ‘person of interest’ in custody. The goals for the trackers were to:

- Locate person of interest’s tracks and determine direction of travel.
- Locate any clues other than prints, and ensure evidence was preserved.
- Locate missing girl, who in this case was a live subject.

The team split into two groups and began checking each of three possible trails. Both teams accomplished their tasks and found the missing girl, ... which Dennis and his wife greatly appreciated. Kudos to the Trackers!

In a related matter of safety, all trackers and flanker’s, plus SAR members, should always be aware of what’s around them. A two-foot rattlesnake turned up in the middle of the trail during this training. Fortunately the rattlesnake was seen and Resource members were alerted. Tunnel vision can occur in the field, so stay alert!



Let the record note Professor Bryan Walley has been commended for his dedication, enthusiasm and creative approach to keeping the Tracking Resource sharp and ready. This month Professor Walley will once again conduct the following tracking challenges:

- September 8th: Black Diamond Mines Regional Preserve—Antioch
- September 15th: Castle Rock Regional Recreation Area—Walnut Creek

At SAREX on Sunday, September 12th, there will be a four-hour session on Tracking hosted by Fernando Moreira, Professional Tracker with Washoe SAR. His course is designed for SAR members and law enforcement personnel who have little or no tracking experience. It will be an overview of what trackers can do, and how well-intentioned personnel can inadvertently destroy valuable clues.

USAR Resource

The USAR truck is in the shop nearing completion! Last month we practiced shoring and breaching at ConFire. This month we will continue with practice moving heavy objects, and possibly some breaching.

TEAM MEMBER SKILLS

Look Sharp!

By The Uniform Guy

In a continuing feature from last month, the Uniform Guy has more tips to keep you looking good while in uniform. This month it's how to fold the sleeve the way it was designed to be folded.



As with most things, there is the normal way to do something, then there is the SAR way. Before joining SAR, we just rolled up our sleeves starting at the cuff and folding over enough times to get the sleeve as short as necessary. The result is the unsightly mess shown on the left. The Sar Battle Dress Uniform (BDU) has a proper way to roll up the sleeve that ends up with a neat, finished look shown on the right in the picture above.



Step One

The SAR way begins by laying the shirt out flat. (It's hard to roll the sleeve when wearing it.) Undo the button at the end of the sleeve.



Step Two

Fold the sleeve inside-out to near the shoulder patch. You may need to experiment to find the best location to fold up to, depending on your arm length and the BDU sleeve length. Smooth and straighten the material.



Step Three

For a 3-fold, picture the sleeve in three equal parts. From the outer edge, fold the first third up over the second third. (You may also fold it up once to the halfway point, and again to the $\frac{3}{4}$ point, for a 4-fold.) Smooth and straighten the material.



Step Four

The final step is to fold the remaining section with the cuff down over the folded section, and straighten out the material. Fasten the button on the sleeve end. Then do the same for the other sleeve.

MEDICAL FORUM

Bleeding Control:

Why the Red Cross No Longer Teaches Elevation and Pressure Points

By Michael McMillan

In December 2005, the American Red Cross and the American Heart Association published new guidelines for CPR and first aid. The guidelines were based on the most extensive evidence review yet published. They also streamlined previous guidelines to reduce the amount of information rescuers need to learn and remember, and to clarify the most important skills that rescuers need to perform.

Most people are aware of the changes to CPR protocols (for example, going from 15 compressions and two breaths, to the current 30 and 2) and AED protocols (going from 3 shocks in a row followed by 1 minute of CPR, to the current 1 shock followed by 2 minutes of CPR). Lesser known are the changes to first aid protocols.

Among the more important new (in 2005) first aid

guidelines was eliminating the use of pressure points and elevating a wounded extremity to control bleeding. The current guidelines state bleeding should be controlled by applying pressure over the bleeding area until bleeding stops. They list two methods of applying pressure:

1. Manual pressure on gauze or other cloth placed over the bleeding source. If bleeding continues, do not remove the gauze; add more gauze on top and apply more pressure.
2. An elastic bandage firmly wrapped over gauze to hold it in place with pressure.

The guidelines state the following reasons for why pressure points and elevation are no longer included in Red Cross training materials covering bleeding control:

There is insufficient evidence to recommend for or against the first aid use of pressure points or extremity elevation to control hemorrhage. The efficacy, feasibility, and safety of pressure points to control bleeding have never been subjected to study, and there have been no published studies to determine if elevation of a bleeding extremity helps in bleeding control or causes harm. Using these unproven procedures has the potential to compromise the proven intervention of direct pressure. (Page IV-198)



Photo by Elvis Santana

For further information, see the American Red Cross [Guidelines for First Aid](#). Additional details can be found in the [2005 American Heart Association Guidelines for Cardiopulmonary Resuscitation and Emergency Cardiovascular Care](#), from which the Red Cross guidelines are taken.

Beware of Bottles!

By Dr. Mark Sembrat, D.C.

Not just any bottles—specifically plastic bottles. Many of them contain bisphenol-A. Bisphenol A, or BPA, is a man-made chemical used in polycarbonate plastic, the material used to make most baby bottles and other shatterproof plastic food containers. Americans are widely exposed to BPA, but opinions on its safety are mixed.

The Food and Drug Administration says current uses with food are safe. But the Centers for Disease Control and Prevention (CDC) says animal testing has shown BPA has hormone-like effects on the reproductive system in both men and women. Get this: The CDC says it found BPA in nearly 93 percent of Americans tested. Yet it stops there, and claims more study is needed to see if BPA could be harming people.

A [video segment](#) from the Today Show tries to make sense of the debate. The video warns that bottles with a symbol like the one above—where a 3, 6, or 7 is surrounded by a triangle with arrows—are not safe to use, and points out that microwaving or heating the bottles may cause chemical leaching at even higher rates. Toxicologists have been sounding the alarm on BPA in HDPE bottles (read: Nalgene) for a while. In 2008, Nalgene responded to consumer demand and no longer makes the once popular bottles. An [article](#) published in the New York Times provides more information on Nalgene's decision.

Nalgene bottles have a big plus in that they just do

not leak (99.9% of the time), making them safe to put in the bottom of a sleeping bag on cold snowy nights. What other options are there? With the concern over BPA, here are a few alternatives to consider:

- [Sigg](#): Many have had good luck with these.
- [Guyot](#): They weigh a ton, but have a wide-mouth for cleaning and are good for every day use.
- [Kleen Kanteen](#): Another favorite. Slightly wider mouth than the Sigg.
- [Platypus Hydration Packs](#): Many searchers also use plastic water reservoirs, with a long sip-as-you-go hose, in their backpacks. The makers of Platypus reservoirs had the following to say when asked about BPA and their reservoirs:

Our Platypus line uses two layers of Bi-axially oriented nylon on the outside and an ultra linear low density polyethylene taste free liner. There are no BPAs (Bisphenol-A) present in our bags.

The ULLDPE inner (water contact) lining as well as hose lining are DEHP (phthalate) free and comply with FDA regulation 21 CFR 177.1520. The BON outer layer complies with FDA 21 CFR 177.1500, and the adhesive that bonds the two together complies with FDA regulation 21 CFR 175.105.

They can handle temperatures from below freezing to boiling as well as hand or machine washing with off the shelf detergents without the plastics leaching any toxins.

I'm not sure if I truly understand or trust the FDA regulations cited, but at least Platypus reassured me there are no chemicals leaching into the water.



SPECIAL EVENTS

Is 13,000 Feet High Enough?

By John P. Banelos

Over the Labor Day weekend, the Mountain Rescue Group (MRG) conducted one of its assessment trainings in the Eastern Sierras of Southern California, just South of Mammoth Lakes. For months Lt. Mark Trevor had been planning an event designed to specifically challenge every participant's physical conditioning, climbing skills, Wilderness First Responder competence, and their facility to deal with rapid altitude changes up to 13,000 feet. Granite Park was to be the group's main playground, with Mt. Julius Caesar (elevation 13,220') designated as an objective.

Mount Julius Caesar (MtJC) is located in the John Muir Wilderness, two to three miles south of the better known Mt. Mills and Mt. Abbot. From the nearest trailhead, MtJC's location requires 10½ miles of hiking, and an elevation gain of nearly 6,000 feet. A two-night excursion was set in order to accomplish all training objectives. On Saturday morning at the Pine Creek Road trailhead, Mark gave the word to start. Off marched John Venturino, David Ryan, Christine Reynolds, Reza Farasati, and John Banelos with fully loaded packs.

Our first challenge was to ascend quickly and go as far as possible into the Wilderness. Our minimum objective was to make it 4½ miles to Pine Lake at 9,962 feet. By end of day we had gone to an elevation of 10,600 feet and hiked 6½ miles, achieving a gain in elevation of 3,250 feet. Despite the pressing pace set by some members, everyone had the time to admire the many pristine lakes surrounded by light forests with towering granite peaks as backdrops in every direction.

On day two the challenge was to hike the remaining distance to MtJC and climb it. Once again the group fast-paced themselves to the staging area at Italy Pass (elevation 12,400'). In sharp contrast to the first day's terrain, the team found themselves in a much starker environment of cold granite with no vegetation. It looked and felt like the moon, especially given the ever-decreasing levels of breathable air. As before, the group began their ascent with a word from Mark Trevor.

While MtJC is generally rated a Class 2 climb, like other climbers before us, the group collectively found the broken granite slopes offered many sections of Class 3 challenges. Despite our best efforts to find a safe passage to the top, at approximately 13,000 feet the group collectively decided not to pursue the climb. Safety became a key factor that outweighed the reward of reaching the top. Still, participants had the challenge of finding a secure path down the slopes among additional Class 3 surprises.

However, the day was not over. Upon their return, with the help of hikers in the area, a wilderness medical scenario was thrown at the group. Suddenly there was a hypothermic and injured hiker, along with a Farsi-speaking hiker suffering from pulmonary edema to deal with. Despite tense moments and several miscues, all members were given good marks by field proctors Venturino and Trevor.



Photo by Mark Trevor

A medical scenario keeps participants on their toes.

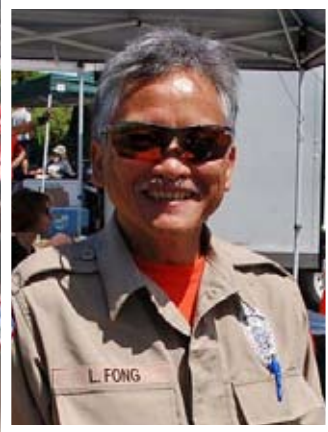
On day three, there was only one objective: Get off the mountain and head home. Some members accomplished this task in a little over two hours; the remainder did it within three. By 1000 hours our training was complete. Hurrah! In retrospect, the most challenging ordeal of the entire weekend was the 9½ hour drive back to the Bay Area.

While warm beds, hot showers, and loved ones beckoned us home, it was difficult to forget the sheer beauty of bright stars and timeless grandeur during the three-day trip.

MEET THE STAFF

Sgt. Larry Fong

I have always enjoyed the peaceful bliss and beauty of the great outdoors. I earned a Masters Degree in Oceanography, with dreams of being an Asian Jacques Cousteau. My grandiose dreams disappeared when I discovered I would spend my life endlessly chasing research grants. Instead I chose a career with the Postal Service, and recently retired as an IT Program Manager.



My wife and I are both downhill skiers and backpackers. We raised two sons who developed a love for the outdoors and became avid backpackers as well. They were involved in Boy Scouts and earned the rank of Eagle Scout. In my involvement as an Adult Leader with Scouts, I compiled more hiking, backpacking, and cycling miles than any other leader in our Troop, dragging my sons along the way. I'm still not very good at any of those things, but I'm stubborn and tenacious.

A year before I retired, I developed a plan for what to do *after* retirement. I was already involved in the Community Emergency Response Team (CERT), and added CoCo SAR and the East Bay Regional Parks Volunteer Trail Safety Patrol (VTSP) to fill my schedule.

At the initial SAR orientation meeting, I remember Frank Moschetti describing SAR as Boy Scouts for adults. With slides of helicopters dangled in front of me, how could I resist? I was accepted into CoCo SAR in September, 2008, and worked my way through to a Type I First Responder. I added the Bicycle Resource, Tracking, Metal Detectors, and Academy Sergeant by mid 2009, turning CoCo SAR into a full time job. The only problem was my retirement plan kicking in too early; I didn't actually retire from my real job until August, 2009.

I have had the opportunity to meet and get to know two Type III Academies (Fall 2009, Winter 2010), and look forward to my third Type III Academy this month. Volunteering for CoCo SAR and EBRP VTSP is my way of giving back.

Sgt. Chris Poppet

I grew up here in the Bay Area, and come from a family of law enforcement and military personnel. My father was with the Marin County Sheriff's Department, and I have several other relatives who have been in the Sonoma County Sheriff's Department, CHP, Concord Police, and Homeland Security OES in Sacramento. I have a great wife, Heather, and two lovely daughters who support me in all I do.



I have a great wife, Heather, and two lovely daughters who support me in all I do.

My full time job is auto repair, with a specialization in custom and classic cars. I started working on cars with my Dad at 15, and have been building hot rods and race cars for 28 years. I also have a part time job as a firearms instructor, teaching advanced tactical, personal, and home defense firearms use. In my spare time, I am taking the POST Law Enforcement Academy classes, and plan to move into Law Enforcement upon completion.

I joined CoCo SAR in 2008 to continue the family tradition of working with law enforcement and OES. I wanted to help the community, and felt SAR was the best way to do something meaningful for a lot of people. I advanced to Type II First Responder in under a year's time. Since then I have completed the Tracking Academy, worked Logistics, helped out in the Command Post and Staging Areas, and have been part of several public relations events. And of course, I have been on a lot of searches, which is the whole purpose for being here. During UNO, my Academy Sergeant, Larry Fong, asked if I might be interested in a Corporal position in the Academy. This was a great opportunity I could not turn down. This Academy will be my second year as Corporal.

I enjoy SAR because of its family environment, and because of everyone's willingness to help each other learn at every level. Our team has an amazing amount of experience. From the Command Staff on down, there is a tremendous wealth of knowledge, . . . and a bunch of great stories to tell about searches.

COCO POPS

Dear Coco Pops,

I cannot afford an online dating service. Could you put me in touch with the overweight, balding old man who wrote in last month? I want him to know I'm interested. We'd be a good match—I don't like fitness hikes either.

Smitten in Sunol

Dear Smitten,

Certainly! I suggest you meet at the Berkeley Marina this Friday evening at 1900 hours. Find a nice romantic pier where the two of you can go for a stroll. Just head off into the sunset. Keep walking. . . .

CCP



Dear CoCo Pops,

What do you think about having a Segway Resource? Urban searches could be covered in half the time, and as long as the trailing dogs stayed on the pavement, we might actually keep up with them!

Rollin' in Rocklin

Dear Rollin',

People who ride Segways are called mall cops. Why don't you buy yourself a nice pair of leather gloves, some elbow pads, a crash helmet, and see if you can help out over there. I bet they'll even give you a uniform and a shiny badge.

CCP



Dear CoCo Pops,

I find the nature of Search and Rescue is 'hurry up and wait'. We get the callout, rush to the Command Post, then sit around and wait for something to happen. Could you arrange for activities during the down time?

Short on Patience

Dear Shorty,

Like what—horseshoes? Or maybe you'd like a badminton net between the Comm Van and the Medical Truck. I don't think so! Have you heard of helping? With one less moron to babysit, the search management team might actually get some work done.

CCP

Dear CoCo Pops,

The automated callout system drives me nuts! It doesn't matter if I press 1 for Yes, 2 for No, or Star to end the message—the stupid system calls back anyway! Then I get the message in email format too. How many times do you want me to answer?

Sleepless in San Ramon

Dear Sleepless,

It's a test. If you answer the same each time, you get to stay on the callout roster. If you don't—or if you press 1 and then don't show—you're cut from the team. Now you know why there's such a high turnover in SAR.

CCP



Dear CoCo Pops,

Since searches are often stressful situations, do you think Operations could arrange for everyone to sing inspirational songs before we head out on assignment?

Alto in Alamo

Dear Alto,

Normally, no—but for you we'll make an exception. We'll find a nice corner for you to sit in where you can sing whatever you want. We'll come back for you just as soon as we need your help.

CCP



Dear Coco Pops,

I found your answer to my question about whether or not I could wear lime green boots with my uniform to be sarcastic and injurious to my psychological well-being. Is there a support group for those of us who have found your terse and abrasive answers damaging to our egos?

Going from Green to Blue in Gridley

Dear Bluegreen,

Why, yes there is. It's called the Funny Farm. They have wonderful padded rooms and pretty jackets with really long sleeves. You'll enjoy it there. Send my regards to the others!

CCP